



THE POWER OF NUTRITION

Manju Sharma

Clinical Nutritionist

Nutrition, Weight Management & Clinical Nutrition

From

American College of Sports Medicine (ACSM)

KEY BENEFITS

- Personalized Nutrition Plans
 Customised diet plans tailored to your need.
- Easily Accessible
 Weekly video calls and Whatsapp support.
- Improve Metabolic Syndromes
 Hypertension, Fatty liver, PCOD, PCOS, Diabetes type 2.
- Fix Gastrointestinal Track Issues Hiatus Hernia, GERD, IBS.
- Weight Management
 Reach and Maintain Your Ideal Weight.





